PROMISING PRACTICE FOR BYSTANDER INTERVENTION

Elizabeth Allan, Ph.D and Molly Schenck
October 18, 2012
Orlando, Florida

(Photo by Justin Russell)
Overview

- Introduction
  - *It’s Not That Simple*
  - Research focus
- Design of Study
- Initial Findings
- Suggestions
- Implications
- Connections to Other Issues
- Conclusion
It's Not That Simple, 2008

- Capstone
- Raise awareness
- Observations
  - Sleep disturbances
  - Sadness
  - Dreams

The University of Maine School of Performing Arts presents

March 26, 2008
7:30pm
Minsky Recital Hall

A mixed genre production built around the subject of sexual assault, with dance, art, new media and dramatic scenes, presented in Readers' Theatre format.

Free admission, with proceeds to benefit Spruce Run & Rape Response Services. For more info, please contact Molly Schenck or Carey Nason on FirstClass.

(Poster by Karen Cole)
Research Focus

- The potential of peer theatre
- Bystander intervention and sexual assault
- General college campus population
Why does it matter?

- Effective educational approach
- Communicate social issues
- Filling gaps of knowledge:
  - The effects of performance
    - Multi-genre performances
  - General college campus population
It's Not That Simple, 2011

- One hour multi-genre performance
- Bystander Intervention
- Sexual assault
- Inspirations

(Photos by Justin Russell)
Design of Study: Mixed Method Approach

- Pre and post test
  1. The elaboration likelihood model
  2. The Illinois Rape Myth Acceptance Scale
  3. The Bystander Attitudes Scale
  4. The attitudes towards rape victims scale

(Banyard, Plante, & Moynihan, 2005; Cacioppo & Petty, 1986; Payne, Lonsway, & Fitzgerald, 1999; Ward, 1988)
Design of Study: Mixed Method Approach

- Reflections
  - Thought-listing technique

(as cited in Cacioppo & Petty, 1981)
Design of Study

- Recruitment
  - Cast and crew
    - Audition announcements
  - Audience
  - Publicity
Design of Study

- Sample
  - Cast, crew, and audience
    - 18 and older
    - As much diversity as possible
Design of Study

- Distribution
  - Pre and post test
    - Audience
    - Cast and crew
  - Reflections
    - Five total
    - Prompts
Design of Study

- Anonymity
  - Pre and post test
  - Reflections
## Demographics

- **Cast and crew, and audience**

<table>
<thead>
<tr>
<th>Age</th>
<th>% Cast and crew</th>
<th>% Audience</th>
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<tbody>
<tr>
<td>18</td>
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<td>6</td>
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<td>19</td>
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<tr>
<td>21</td>
<td>40</td>
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<td>22</td>
<td>13.3</td>
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<td>6.7</td>
<td>5.5</td>
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<td>Other</td>
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<td>16</td>
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### Demographics

- **Cast and crew, and audience**

<table>
<thead>
<tr>
<th>College Status</th>
<th>% Cast and crew</th>
<th>% Audience</th>
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<tr>
<td>Freshman</td>
<td>13.3</td>
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<tr>
<td>Sophomore</td>
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<td>Junior</td>
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<td>15.1</td>
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<td><strong>Senior</strong></td>
<td><strong>53.3</strong></td>
<td><strong>28.1</strong></td>
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<tr>
<td>Graduate</td>
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<td>11.6</td>
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<tr>
<td>Other</td>
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<td>14.6</td>
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<tr>
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## Demographics

- **Cast and crew, and audience**

<table>
<thead>
<tr>
<th>Gender</th>
<th>% Cast and crew</th>
<th>% Audience</th>
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<tbody>
<tr>
<td>Male</td>
<td>26.7</td>
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<tr>
<td>Female</td>
<td>73.3</td>
<td>70</td>
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### Demographics

- **Cast and crew, and audience**

<table>
<thead>
<tr>
<th>Training/education: Sexual assault</th>
<th>% Cast and crew</th>
<th>% Audience</th>
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<tbody>
<tr>
<td>Yes</td>
<td>40</td>
<td>56</td>
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<td>No</td>
<td>60</td>
<td>44</td>
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### Demographics

#### Audience, cast and crew

<table>
<thead>
<tr>
<th>Training/education: Bystander intervention</th>
<th>% Cast and crew</th>
<th>% Audience</th>
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<tr>
<td>Yes</td>
<td>20</td>
<td>27.6</td>
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<tr>
<td>No</td>
<td>80</td>
<td>71.9</td>
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Initial Findings

- Audience
- Cast and crew
- Observations
Initial Findings

Audience

Percentage Answering “Likely” or “Extremely Likely” to: Ask for verbal consent when I am intimate with my partner, even if we are in a long term relationship.
Initial Findings

Audience

Percentage Answering “Likely” or “Extremely Likely” to:
Try to physically stop a sexual assault from happening

![Bar chart showing percentage increase from Pretest to Posttest.](chart.png)
Initial Findings

Audience

Percentage Answering “Likely” or “Extremely Likely” to: Report a friend that committed an act of sexual assault
Initial Findings

- Cast and crew
  - Revelations
    - Self reflection
  - Motivations
    - Educate others
    - Empowerment
Initial Findings

- Observations
  - What the data do not show:
    - Ensemble breakthrough
    - Audiences’ emotional reaction
Implications

- Connections to other issues
  - Hazing
Summary

- Peer theatre
- Bystander intervention
- Sexual assault
- Longitudinal study
Acknowledgment

Committee:
Dr. Elizabeth Allan, Dr. Mary Madden, Renate Kline, Carey Nason, Nikki Hemmingway, Mike Maberry, Sandra Hardy, Ann Ross, Terry Lacy, AJ Mooney, Tom Mikotowicz, Marcia Douglas, and Adam Blais

Cast, crew, media team:
Sam Paradis, Derek Francis, David Adkins, Justin Davis, Justin Russell, Ashleigh Briggs, Karen Cole, Lindsay Begley, Christina Belknap, Jeni Bishop, Jessica Bishop, Rob Connors, Caitlin Dutton, Tyler Evans, Jamie Ford, Mandy Fahey, Nyssa Gatcombe, Katie Meuse, Gavin Pickering, Dani Reider, Ryan Trefethen, Tanya Ubeda, Sydney Walker, Sam Watson, and Carl Witham

Sponsors:
School of Performing Arts, Safe Campus Project, Spruce Run, Rape Response Services, Division of Student Affairs
References


Any questions?