If You Have Experienced Sexual Violence, Relationship Violence, or Stalking

Immediate steps
• Go to a safe place. Your RA’s room, a friend’s room, or any open offices on campus.
• Call someone you trust. A friend, family member, or victim advocate are good resources. You do not have to go through this alone.
• Preserve evidence. After sexual violence, do not shower until you have considered whether to have a no-cost forensic sexual assault examination at the hospital, and save the clothes you were wearing (unwashed) in a paper or cloth bag. After sexual violence, relationship violence, and/or stalking, take photos of any damage or injury and keep communication records.

Within 24 hours
• Seek out confidential support. You may want to turn to a confidential advocate or counselor for support and advice. They will talk with you about your options for additional support services and reporting.
• After unwanted physical contact, get medical attention. A medical provider can check for and treat physical injury, sexually transmitted infections, and pregnancy. You do not need to make a formal report or press charges to receive medical care.

At any time
• Consider making a formal report. You are encouraged to report what happened to both the police and the Office of Diversity and Equity (ODE). You can decide how much you would like to participate in any investigation process.
• UConn can help. Campus-based resources, like the Dean of Students Office, can help you with changes to your housing, classes, work, and more. You do not need to make a formal report or press charges to receive help from UConn.

UConn’s Commitment to a Safe and Supportive Community
UConn is committed to creating and maintaining a campus environment free from all forms of sexual violence, relationship violence, and stalking. All reports are taken with the utmost seriousness. You are not alone. You do not have to make a formal report or press charges to receive medical and academic support. The resources listed in this brochure can help.

Employee Reporting
The University cares deeply about supporting victim-survivors and protecting community safety. Therefore, under UConn’s Sexual Assault Response Policy, most employees who witness or receive a report of sexual assault must report the incident to the Office of Diversity and Equity (ODE). Exceptions include employees who are empowered by law to maintain confidentiality, such as those in Student Health Services and Counseling and Mental Health Services.

Under the federal Clery Act, many employees also have a duty under federal law to report crimes to the UConn Police Department. Their report to police will include the date, time, and place of the incident, but not the identity of the victim-survivor.

What is Sexual Violence*
Sexual violence, which includes rape, is any unwanted physical contact with the intimate parts of a person's body for the purposes of sexual gratification, humiliation, or degradation. Sexual violence can happen to anyone, regardless of gender.

What is Consent*
An understandable exchange of affirmative words or actions, which indicate a willingness to participate in mutually agreed-upon sexual activity. Consent must be informed and freely and actively given. It is the responsibility of the initiator to obtain clear and affirmative responses at each stage of sexual involvement. Consent to one form of sexual activity [like sex] does not imply consent to other forms of sexual activity [like sex]. The lack of a negative response is not consent. An individual who is incapacitated by alcohol and/or other drugs, both voluntarily or involuntarily consumed, may not give consent. Past consent of sexual activity does not imply ongoing future consent.

What is Relationship Violence*
Relationship violence (also known as intimate partner, dating, or domestic violence) is a pattern of behavior in an intimate relationship used to establish power and control over another person through fear and intimidation. Relationship violence can be verbal, emotional, and/or physical. Examples include: slapping, pulling hair, name calling, damaging property, and threats of abuse or physical harm.

What is Stalking*
Stalking involves any behaviors or activities occurring on more than one occasion that collectively instill fear in the victim and/or threaten her/his safety, mental health, and/or physical health. Examples include: non-consensual communications (in person, text, phone, social media, email), surveillance, or showing up at the targeted person’s classroom or workplace.

*Please note that these definitions are contained within UConn’s Student Code and are not the same standard applied in a law enforcement proceeding.

Sexual Violence
Relationship Violence
Stalking
Reporting and Resources
Confidential Resources

### (On-Campus)

**NOT required to report to ODE**

#### Student Health Services

Advice Nurse on call 24/7: 860.486.4700
234 Glenbrook Road, Storrs
Phone: 860.486.2719 (Appointment Desk)
http://shs.uconn.edu/womens-health

- Crisis and follow-up care for victim-survivors
- Free medical examinations, medications, STD testing
- Assistance arranging referral services for evidence collection and crisis counseling

#### Counseling and Mental Health Services (CMHS)

Therapist on call 24/7: 860.486.4705*
Office hours 8:30 a.m. – 4:30 p.m., Monday – Friday
Arjona Building, 337 Mansfield Road, Storrs
860.486.4705 | counseling.uconn.edu

- Immediate crisis intervention and therapy for recent or past victim-survivors
- Therapists can be accessed by appointment, walk-in, or after-hours emergency
- During semester and summer breaks, therapist is available 8:30 a.m. – 4:30 p.m. daily

#### Stronger Support Group

Contact CMHS for meeting times: 860.486.4705

- Confidential support and discussion group for UConn student victim-survivors
- Supportive, confidential environment to help victim-survivors gain strength and empowerment

### (Off-Campus)

**NOT required to report to ODE**

#### Connecticut Sexual Assault Crisis Services, Inc.

Statewide Hotline: 1.888.999.5545 (24/7)
Spanish Hotline: 1.888.568.8332 (24/7)

- Support for victim-survivors of sexual violence
- Crisis and short-term counseling
- Information and referral services
- Hospital, police, and court accompaniment

#### Storrs-Mansfield and Avery Point Areas

Local Hotline: 860-456-2789 (24/7)
Sexual Assault Crisis Center of Eastern Connecticut
90 South Park Street, Willimantic
165 State Street, Suite 405, New London

#### Waterbury Area

Local Hotline: 203.753.3613
Safe Haven of Greater Waterbury
29 Central Avenue, Waterbury

#### Torrington Area

Local Hotline: 860.482.7133
Susan B. Anthony Project
179 Water Street, Torrington

#### Hartford Area

Local Hotline: 860.547.1022
YWCA Sexual Assault Crisis Services
75 Main Street, Hartford

#### Stamford Area

Local Hotline: 203.329.2929
Center for Sexual Assault Crisis Counseling & Education
700 Canal Street, Suite 226, Stamford

#### Connecticut Coalition Against Domestic Violence

Statewide Hotline: 1.888.774.2900 (24/7)

- Support for victim-survivors of domestic or dating violence and stalking
- 24-hour crisis counseling

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Confidential Resources

### (Non-Campus)

**Required to report to ODE**

#### Dean of Students Office

8 a.m. – 5 p.m., Monday – Friday
Wilbur Cross Building, Second Floor
233 Glenbrook Road, Storrs
860.486.3426 | dos@uconn.edu | dos@uconn.edu

- Assists with academic and other concerns including changes or modifications to class schedules, rescheduling exams, and more
- The Assistant Dean of Students for Victim Support Services can explain the available resources and University investigation process, and can assist victim-survivors throughout the course of the investigation
- You do not need to make a formal report or press charges to receive help from the Dean of Students

#### Department of Residential Life

RA’s and Hall Directors are on call 24/7 during the academic year

- Rome Hall, Ground Floor
- 626 Gilbert Road Extension, Storrs
- 860.933.2220 | reslife.uconn.edu

- Knowledgeable and able to provide information about campus services
- Assists victim-survivors with navigating the campus investigation process
- Manages changes in housing

#### Women's Center

8 a.m. – 5 p.m., Monday – Friday

- Student Union, Fourth Floor
- 700 Canal Street, Suite 226, Stamford

- Provides advocacy and support, including accompaniment during reporting and investigations
- Information and referral services
- Assists victim-survivors regardless of gender identity

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While a victim-survivor’s conversation with any University employee will be kept private (will not be shared unnecessarily with others), only a conversation with a confidential resource can be kept confidential (will not be shared with anyone without the express consent of the victim-survivor).